

**European
curriculum vitae
Format**



Surname(s) and Last Name(s)	Maria Corina Plaz Torres
Date of birth (MM/DD/YY)	10/31/1987
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Titles

- **Medical specialist in Gastroenterology, Hepatology and Digestive Endoscopy**, obtained in August 22nd, 2018 at the University of Genoa, rating: 50/50 cum laude
- Registered to the “Ordine dei Medici e Chirurghi” of Genoa on March, 5th 2013, registration number 16023
- **Doctor in Medicine and Surgery**, obtained in the University of Genoa on October 31st 2012, rating: 110/110 cum laude
- **Doctoral Researcher in Gastroenterology and Hepatology** at the University of Genoa, Starting from 1st November 2019

WORK EXPERIENCES

- **Period** 10 June 2020 – present
Employer and company: Humanitas Mirasole s.p.a.
Role: Consultant Hepatologist
- **Period** 01 November 2019 – present
Employer: University of Genoa
Company: Ospedale Policlinico San Martino
Role: Clinical Research Doctor in Gastroenterology and Hepatology
Research fields: Non Alcoholic Fatty Liver Disease (NAFLD) and hepato-cellular carcinoma.
- **Period** 2 October 2018 – 31 October 2019
Employer and company: Humanitas Mirasole s.p.a.
Role: Consultant in Internal Medicine and Hepatology.

- **Period** 8 August 2018 – 30 September 2018
Employer and Company: ASL4 Chiavarese
Role: Continuity care physician
- **Period** 8 August 2013 – 8 August 2018
Employer: Università degli Studi di Genova
Company: Ospedale Policlinico San Martino, Genova, Italy
Role: Gastroenterology trainee

Main activities and responsibilities

- **September 2017 – August 2018:**
Honorary research fellow at the Royal Free Hospital (affiliated with the University College of London, London) : clinical research and training activities in Hepatology.
- **August 2014 – September 2017:**
Nightshifts in the department of Gastroenterology and Internal Medicine
Participation in the educational activity of the Gastroenterology Clinic with discussions of clinical cases and scientific presentations within the intradepartmental Journal Club
- **February 2017 – September 2017:**
Pre- and Post- Liver Transplant Outpatient Clinic, Hepatocellular carcinoma clinic
Hepatocellular Carcinoma Multi-disciplinary meetings .
- **August 2016 – January 2017:**
General Hepatology Outpatient Clinic.
Performed 700 Transient Elastometry scans
- **January 2016 – July 2016:**
Diagnostic digestive endoscopy training (300 gastroscopies, 250 colonoscopies)
- **July 2015 – December 2015:**
General Gastroenterology Outpatient Clinic
- **January 2014 – July 2015:**
General Gastroenterology and Hepatology Ward
- **August 2013 – December 2013:**
IBD and Decompensated Cirrhosis Clinic

TRAINING COURSES

Course title	Organizing company	Duration	Years
AISF Annual Meeting	Italian Association for the Study of the Liver	3 days	2019
Sepsis management	Humanitas Research Hospital	1 day	2019
ILS (Immediate Life Support)	Humanitas Research Hospital	1 day	2019
Academy of Hepatology	Humanitas Research Hospital	1 day	2019
Clinical Research Fellowship	University College London – Royal Free Hospital	11 months	2017 – 2018
Sheila Sherlock School of Hepatology	University College London – Royal Free Hospital	3 days	2018
EASL-International Liver Congresses 2018 - 2020	EASL	5 days	2018 and 2020
EASL - Viral Hepatitis Post Graduate Course	EASL	2 days	2018
BASL/BLTG School of Liver Transplantation	BASL	1 day	2018
Introductory course of medical statistics	National Heart and Lung Institute, Imperial College London	2 days	2017
NEXUS- Hepatitis HCV and co-morbidity	ABBVIE-NEXTHEALTH	1 day	2016
Endocourse Milan 2015	San Raffaele University, Milan	3 days	2015
Ligurian Congress of Gastroenterology	Realtime Meeting Srl Unipersonal	1 day	2013 – 2014 – 2015 – 2016 and 2019

PERSONAL SKILLS

Native languages: Italian and Spanish

Foreign languages: English (level : excellent, IELTS Band score 8/9, category C1)

Communication skills: Excellent communication skills with colleagues and patients, team working.

Digital skills: Excel, Word, and Power Point Office programs. Basic skills for the SPSS software for statistical analysis. EndNote software.

RESEARCH ACTIVITIES

- **PROJECT WAFT-C**, Imperial College London
 - Year: 2017 – 2018

- Goal: Evaluating the effect of anticoagulant therapy with Warfarin on liver fibrosis progression in liver transplant patients with HCV cirrhosis
- **VALDIG FONLIVER STUDY**, in collaboration with VALDIG and Royal Free Hospital, London
 - Year: 2018
 - Objective: characterization of liver nodules and predictive factors for their presence in patients undergoing Fontan surgery
- **MASCOT STUDY**, Royal Free Hospital, London
 - Year: 2018
 - Goal: evaluation of comorbidity and the portal venous circle in patients suffering from myeloproliferative diseases and thrombosis of the splanchnic venous circle
- **Prospective study on morbidity and mortality related with bacterial infections in cirrhotic patients**, Royal Free Hospital, London
 - Year: 2017 – 2019
 - Goals: Assess the prognostic impact of bacterial infections in cirrhotic patients, in the short and long term
 - Conclusions: Bacterial infectious events correlate with reduced survival in patients with cirrhosis, regardless of the stage of liver disease
- **NAFLD- Quality of Life Survey**, Royal Free Hospital, London
 - Year: 2017 – 2018
 - Goal: Assess the impact of non-alcoholic liver steatosis on the quality of life of patients affected
- **Cochrane meta-analysis on primary and secondary prophylaxis for variceal bleeding in patients with cirrhosis**, Royal Free Hospital, London
 - Year: 2017 – 2018
 - Goal: assess the best therapeutic strategy for primary and secondary prevention of bleeding from varicose esophageal in the cirrhotic population
- **Cochrane meta-analysis on the treatment of ascites in patients with cirrhotic portal hypertension**, Royal Free Hospital, London
 - Year: 2017 – 2018
 - Goal: assess the best therapeutic strategy for the treatment of ascites in the cirrhotic population
- **Cochrane meta-analysis on SBP treatment**, Royal Free Hospital, London
 - Year: 2017 – 2018
 - Goal: assess the best therapeutic strategy for the treatment of spontaneous bacterial peritonitis in cirrhosis

- **NAFLD-CV risk scores project**
 - Year: 2019 – ongoing
 - Goal: assess the risk for cardio-vascular events in a cohort of patients with NAFLD
- **CGA score in IBD project**
 - Year : 2019 – ongoing
 - Goal : assess the potential usefulness of a specialist geriatric assessment in the therapeutical decision-making for IBD patients aged over 65 years who are at risk of frailty

Publications

1. "Low levels of fibrinogen are associated with bleeding after ligature varices in cirrhotic patients thrombocytopenic," *Ann. Hepatol.* 2018 Jun 5;17(5):830-835. doi: 0.5604/01.3001.0012.0775
2. "Education and imaging. Hepatitis and pancreatic: a rare cause of portal hypertension.", *J Gastroenterol Hepatol.* 2016 January;31(1):11. doi: 10.1111/jgh.13038
3. "Treatment for ascites in adults with decompensated liver cirrhosis: a network meta-analysis", *Cochrane Database Syst Rev.* 2020 January 16;1:CD013123. doi: 10.1002/14651858.CD013123.pub2.
4. "Mediterranean Diet and NAFLD: What We Know and The Questions That Still Need to Be Solved", *Nutrients.* 2019 Dec 5;11(12). pii: E2971. doi: 10.3390/nu111222971
5. "Corticosteroid treatment at diagnosis: an analysis of relapse, extension of the disease, and colectomy rate in ulcerative colitis", *Dig Dig Sci.* doi: 10.1007/s10620-019-05959-y
6. "Antibiotic treatment for spontaneous bacterial peritonitis in people with decompensated liver cirrhosis: a network meta-analysis," *Cochrane Database Syst Rev.* 2019 Sep 16;9:CD013120. doi: 10.1002/14651858.CD013120.pub2
7. Editorial: Should we abandon the HCV genotype test? Perhaps," *Aliment Pharmacol Ther.* 2019 Apr;49(8):1097-1098. doi: 10.1111/apt.15194
8. "Direct action antivirals for chronic hepatitis C virus genotype 5 and 6 infections," *Lancet Gastroenterol Hepatol.* 2019 Jan;4(1):5-6. doi: 10.1016/S2468-1253(18)30378-9. Epub 2018 Dec 6
9. « Appropriateness of proton pump inhibitors treatment in clinical practice: Prospective evaluation in outpatients and perspective assessment of drug optimisation ». *Dig Liver Dis.* 2020;52(8):862-868. doi:10.1016/j.dld.2020.05.005
10. Plaz Torres MC, Bodini G, Furnari M, et al. « Surveillance for Hepatocellular Carcinoma in Patients with Non-Alcoholic Fatty Liver Disease: Universal or Selective? ». *Cancers (Basel).* 2020;12(6):1422. Published 2020 May 31. doi:10.3390/cancers12061422
11. Giannini EG, Bodini G, Marabotto E, Plaz Torres MC, Zentilin P, Furnari M. « Risk factors for bleeding following oesophageal band ligation: Providing further evidence to ameliorate clinical practice ». *Dig Liver Dis.* 2020;52(7):792-793. doi:10.1016/j.dld.2020.04.007
12. Benmassaoud A, Freeman SC, Roccarina D, et al. « Treatment for ascites in adults with decompensated liver cirrhosis: a network meta-analysis ». *Cochrane Database Syst Rev.* 2020;1(1):CD013123. Published 2020 Jan 16. doi:10.1002/14651858.CD013123.pub2